



STRENGTHENING Families PROGRAM for parents and youth 10-14

Make a difference for your family!

- Strengthens parent/youth communication skills and relationships.
- Helps families to navigate the challenges of the teen years.
- Activities promote family problem solving and can reduce conflict between parent and child.

Thursdays

April 4th - May 30th

Fairfield Mennonite Church

201 West Main Street • Fairfield, PA 17320

To register, call or e-mail

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COLLABORATING

Doing what works
in Adams County

FOR YOUTH

Navigate pre-teen years and strengthen connections!

SFP meets one night a week over seven weeks for parent/caregiver, youth and family activities. This program is at no cost and also includes a weekly family-style dinner and on-site childcare (up to age 9). As a bonus, each participating family will receive a \$25 gift card the second night and another \$25 gift card upon graduation to help cover transportation costs.

- Prevents substance abuse, truancy, early sexual activity, and other unwanted behaviors.
- Strengthens the family communication and builds parent-child relationship.
- Can increase academic success and school attendance.



*The **Strengthening Families Program** is a CFY collaborative project implemented by the Center For Youth & Community Development and funded by the County of Adams and the York/Adams Drug & Alcohol Commission.*