



# STRENGTHENING Families PROGRAM for parents and youth 10-14

Make a difference for your family!

- Strengthens parent/youth communication skills and relationships.
- Helps families to navigate the challenges of the teen years.
- Activities promote family problem solving and can reduce conflict between parent and child.

Thursdays

April 4th - May 16th

Fairfield Mennonite Church

201 West Main Street • Fairfield, PA 17320

To register, call or e-mail

Marcela Márquez

717-338-0300

[office@cfygettsburg.com](mailto:office@cfygettsburg.com)



COLLABORATING

Doing what works  
in Adams County

FOR YOUTH

# Strengthen connections!

## Navigate pre-teen & teen years.

SFP meets one night a week over seven weeks for parent/caregiver, youth and family activities. This program is at no cost and also includes a weekly family-style dinner and on-site childcare (up to age 9). As a bonus, each participating family will receive a \$25 gift card the second night and another \$25 gift card upon graduation to help cover transportation costs.

- **Prevents substance abuse, truancy, early sexual activity, and other unwanted behaviors.**
- **Strengthens the family communication and builds parent-child relationship.**
- **Can increase academic success and school attendance.**



*The Strengthening Families Program is a CFY collaborative project implemented by the Center For Youth & Community Development and funded by the County of Adams and the York/Adams Drug & Alcohol Commission.*