

Parent Network Series

The Parent Network Series was designed by York County System of Care (SOC) parents who are or have been involved in a variety of child-serving systems. The workshops are geared toward parents and caregivers who want to learn how to be their child's best advocate. Parents will share their personal experiences and experts in the field will offer information and answer questions about services and program options.

To register or to ask questions, please email: humanservices@yorkcountypa.gov or call 717-771-9347.

A complete listing with descriptions of the workshops is included or go to www.ychsd.org.

What is System of Care?

SOC is a philosophy about how care should be delivered. SOC seeks to transform the way services and supports are provided to children, youth, and families who have needs and who are involved or investigating multiple child-serving systems. (i.e. educational system, Juvenile Probation, Mental Health, Human Services, Drugs/Alcohol, and Children, Youth & Families).



If you are interested in obtaining information on becoming a family or youth leader, please contact

System of Care at:
humanservices@yorkcountypa.gov
or 717-771-9347.

York County System of Care
c/o York County Human Services
100 W. Market Street, Suite 401
York, PA 17401
www.ychsd.org



York County is a partner county in the PA Care Partnership. The PA Care Partnership is funded through the cooperative agreement with the Substance Abuse & Mental Health Services Administration (SAMHSA).

Parent Network Series

Do You Have A Child Involved In A Child-Serving System?

Join us for **FREE** monthly educational & interactive workshops beginning **November 29, 2018 through May 30, 2019.**
Noon to 2:00 p.m.

Stillmeadow Church of Nazarene

York City Campus
350 Chestnut Street
York, PA 17403

FREE CHILD CARE & LUNCH OFFERED!



In partnership with the York County Human Services Department

2018-2019 Parent Network Series

The York County System of Care is sponsoring monthly informational and networking sessions for parents and caregivers of children involved in one or more child-serving systems. The Parent Network Series will take place on the last Thursday of each month beginning **November 29, 2018 through May 30, 2019** (with the exception of December 20th) from noon to 2 p.m. at Stillmeadow Church of Nazarene—York City Campus, 350 Chestnut Street, York, PA 17403.

November 29, 2018

Effective Communication: How to Make Your Voice Count!

- Speak so others listen
- Listen so others act

Speaker: Lisa Kennedy, Parent, York County SOC Family Partner

December 20, 2018

Self Care: Body, Mind, & Spirit!

- You matter - Mindfulness and relaxation techniques
- What do you need?

Speaker: Toinette Shearer, LPC, CCTP, CATP, CJSOTS, CAJSR

January 31, 2019

Advocacy: How to Use Your Voice!

- Speaking up for others
- Arming yourself with needed information

Speakers: Beth Ann McConnell, Parent, Interagency Coordinator/School Social Worker & Lisa Kennedy, Parent, York County SOC Family Partner

February 28, 2019

Trauma Informed Care Parenting

- What is Trauma and how it can impact who you are
- Understanding the effects of Trauma

Speaker: Toinette Shearer, LPC, CCTP, CATP, CJSOTS, CAJSR

March 28, 2019

Transitioning - Preparing for a Change!

- How to prepare yourself and others
- Know where you're going

Speakers: Matt Bahn, Youth Partner & Lisa Kennedy, Parent, York County SOC Family Partner

April 25, 2019

Education – Classroom & Beyond

- How to navigate the educational system
- Preparing for the future

Speaker: Robin Hamme, Ed. D., Special Education Assistant Director/Lincoln Intermediate Unit 12

May 30, 2019

Cultural & Linguistic Competency

- It's more than language
- Why is culture so important?

Speaker: Lisa Kennedy, Parent, York County SOC Family Partner

Questions? Please call York County Human Services at 717-771-9347.

Sponsored by:



2018—2019 Registration Form

Registration is FREE! Pre-registration required.

Please complete contact information.

Please indicate if child care or other accommodations are needed.

Name _____

No. Attending _____ Phone _____

Address _____

Email _____

School District _____ Child(ren) Ages _____

If you have question(s) that you would like to see addressed at an upcoming meeting, please write your comment below or email it to: humanservices@yorkcountypa.gov.

Register via email at humanservices@yorkcountypa.gov or return this Registration Form to York County Human Services, 100 W. Market Street, York, PA 17401, one week before chosen workshop(s). Please check the box(s) below.

A confirmation notice will be sent to you.

November 29, 2018 from noon to 2 p.m.
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Self Care: Body, Mind, & Spirit!

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