

# COVID-19 Symptom Tracker Screening Tool

\*Use this tool daily before leaving home. Please contact the School Nurse with any questions. You DO NOT need to turn this form into the school - please post it in your home somewhere that it can be used as a daily reminder to track your health.

**Please check student's temperature DAILY.** If the temperature is greater than 100.3 degrees fahrenheit, please keep the student home. If their temperature is 100 degrees fahrenheit, please wait 10 minutes and check again - if their temperature increases, please keep them home.

**Question 1:** In the past 14 days, has the student been exposed to anyone diagnosed with COVID-19?

**Question 2:** In the past 24 hours has the student taken any medication to treat or reduce a fever such as ibuprofen (i.e. Advil, Motrin) or acetaminophen (Tylenol)?

**Question 3:** Has the student experienced any **ONE** or more of the following symptoms from Column 1 OR any **TWO** (or more) of the following symptoms from Column 2?

| Column 1<br>1 (or more) symptoms  | Column 2<br>2 (or more) symptoms  |
|---|---|
| Fever >100.3 (see above)<br>New Cough<br>Shortness of Breath<br>Difficulty Breathing<br>New Loss of Taste/Smell<br>Vomiting*<br>Diarrhea* | Sore Throat<br>Runny Nose/Congestion<br>Chills<br>Headache<br>Body Aches/Muscle Pain<br>Nausea<br>Fatigue |

\*Vomiting/Diarrhea are not necessarily an indicator of COVID-19, however, students experiencing these symptoms should NOT come to school.

**If your student is experiencing a FEVER or you have answered YES to any of the above questions, keep student at home.** Notify your provider for further instructions and notify School Nurse with COVID-19 test results or exposure. Physician clearance will need to be provided to the School Nurse prior to the student's return to school.